

# POWERFLEX®

PART NUMBER  
**19-2230**

DESCRIPTION  
**Upper Gearbox Mount Insert**

## INSTALLATION GUIDE

### Contents (parts per pack):

1 x Polyurethane A Insert    1 x Polyurethane B Insert

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

### Fitting Instructions:

1. Support the gearbox from underneath using a trolley jack or axle stand.
2. Remove the gearbox mount from the vehicle.
3. Separate the top and bottom bracket by prising the two parts apart.
4. Fit Insert A towards the front of the car and Insert B part towards the rear of the car as shown in figure 1. The inserts are marked for identification.
5. Refit the top bracket back over the gearbox mount, as shown in figure 2.
6. Re-fit the fully assembled mount back to the vehicle and tension all hardware to the manufacturers recommended torque settings.



Figure 1



Figure 2

